



# Local Context of “Good Food”





# Miaisha Mitchell

*Executive Director*  
Greater Frenchtown  
Revitalization Council

THE GOVERNOR'S



**Front Porch**  
FLORIDA  
INITIATIVE





# Katie Harris

*Co-Manager*

Full Earth Farm

*Executive Co-Director*

Red Hills Small Farms

Alliance





**Dr. Richard Gragg**

*Professor*  
FAMU School of the  
Environment





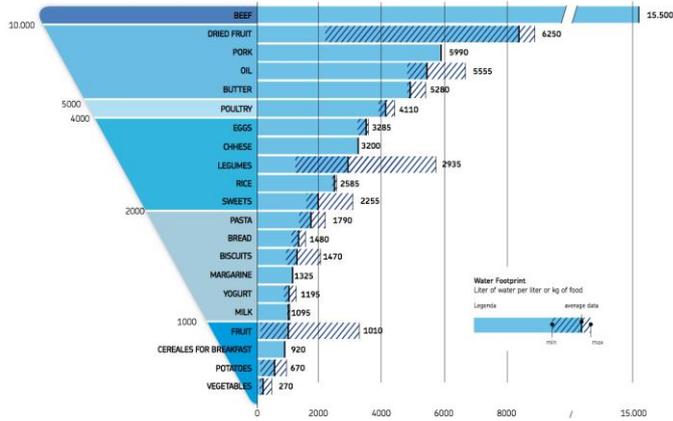
# The Good Food Environment

Richard D. Schulerbrandt Gragg, Ph.D., **DBA The Food Conversation**  
Associate Professor of Environmental Science and Policy  
Florida A&M University School of the Environment

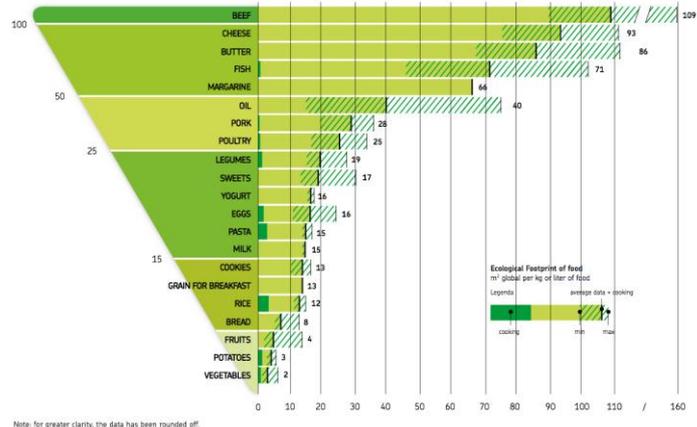


- **Carbon Footprint**, representing and identifying greenhouse gas emissions responsible for climate change: measured through the CO<sub>2</sub> equivalent;
- **Water Footprint** or *virtual water content*, quantifying consumption and how to use water resources: measured through water volume (liters);
- **Ecological Footprint**, measuring the quantity of biologically productive land (or sea) needed to provide resources and absorb the emissions produced by a manufacturing system: measured in m<sup>2</sup> or global hectares.

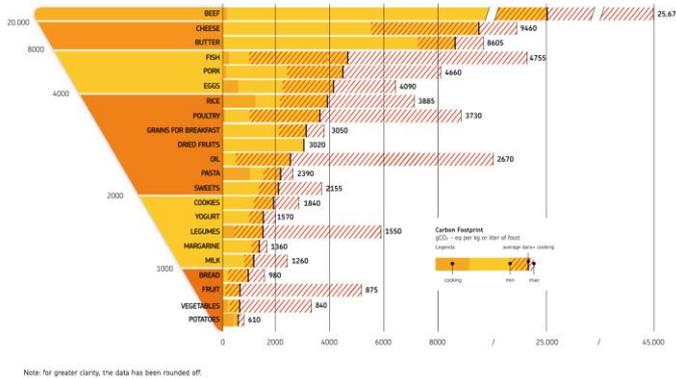
# Environmental Food Footprints



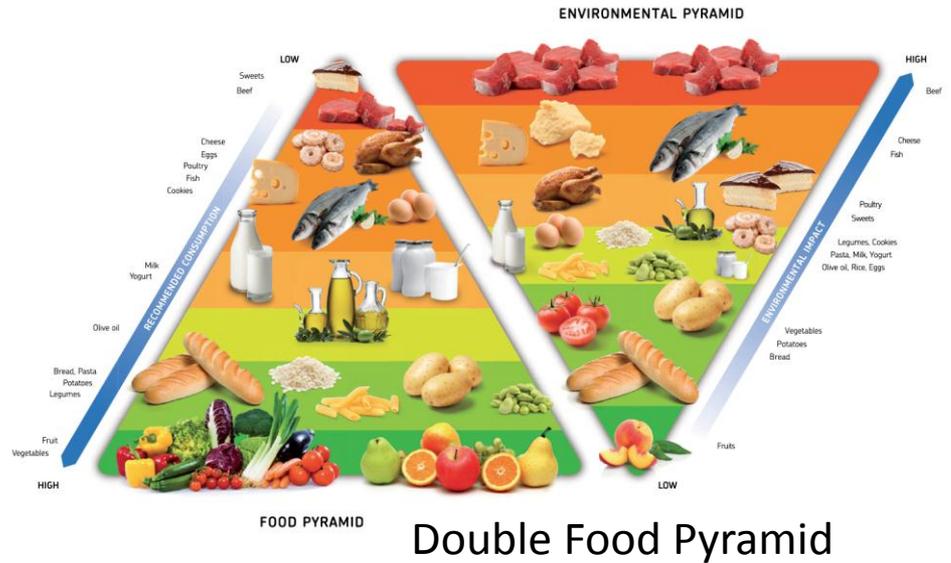
Water



Ecological



Carbon



Double Food Pyramid

# Environmental Food Footprints

	ENVIRONMENTAL ASPECTS	NUTRITIONAL ASPECTS	ECONOMIC ASPECTS	SOCIO-CULTURAL ASPECTS
AGRICULTURE	Substitute sustainable agricultural practices. Promote resilience of the systems of production. Develop and maintain diversity.	Promote different varieties of food. Produce food that is full of nutritional elements.	Develop convenient cultivation techniques. Promote self-sufficiency through local production.	Maintain traditional agricultural practices and promote local varieties.
FOOD PRODUCTION	Reduce the impact of production, processing and sale.	Preserve nutrients along the food chain.	Strengthen local food systems. Produce food at accessible prices.	Produce culturally acceptable food.
CONSUMPTION	Reduce the environmental impact of food consumption.	Promote a diversified, balanced and seasonal diet.	Promote economic accessibility to a varied diet.	Safeguard food traditions and culture. Meet local tastes and preferences.

**Nitrogen runoff to water**

**Soda & Burger**

**Food Deserts**

**Less cooking**

# Community Engagement at Florida A&M University

At Florida A&M University community engagement is a means through which the institution is, addressing its challenges, goals and opportunities. **The Sustainability Institute** was created by President Mangum to advance the research, teaching and application of sustainable solutions at the campus, local, regional and global level. The Institute provides leadership and coordination for university-wide sustainability initiatives with global impact. We engage the entire campus community, as well as external partners, in three core programmatic areas:

## ACADEMIC

Enhance our academic mission with targeted real-world problem solving research and teaching. Train a generation of global change agents.

## OPERATIONS

Improve efficiencies and environmental stewardship in campus operations including but not limited to energy, waste, food, construction and procurement.

## OUTREACH

Engage and serve the broader community with activities that promote principles of sustainability beyond our boundaries.

*"At Florida A&M, sustainability is more than a buzzword. It's been a part of our history since designation as a Land Grant university in 1890. As we continue to build a 21st century institution, our intellectual pursuits, our operations and our leadership will be marked by a deep integration of sustainability." - Dr. Elmira Mangum, President of Florida A&M University*



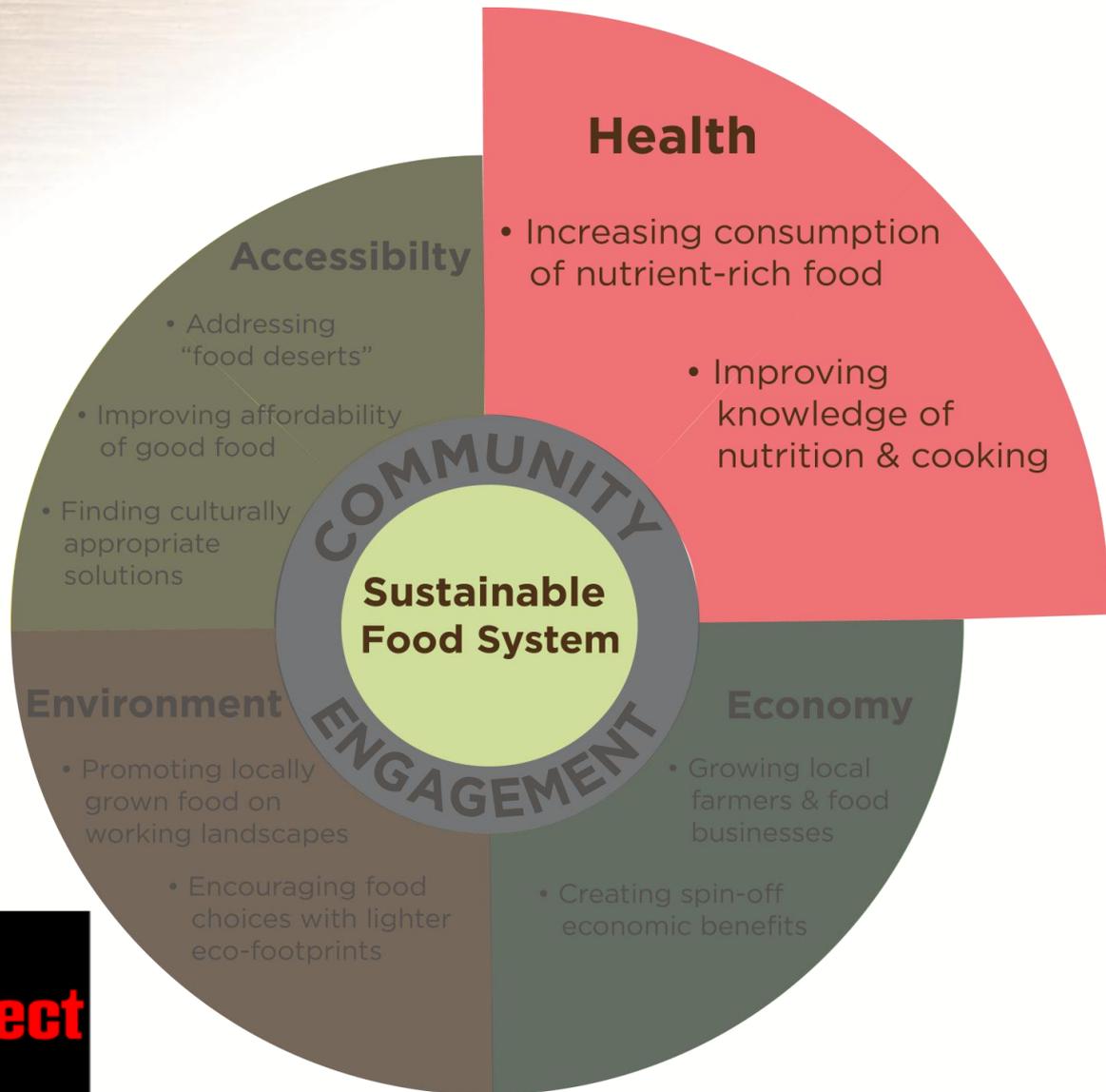
# Dr. P. Qasimah Boston

*President of the Board of  
Directors*

Tallahassee Food Network

*Director*

Project Food Now



Tallahassee Prevention  
Arts  
Asantewa  
Association  
Coalition  
Women  
Change  
Opportunities  
Heritage  
Design  
Youth  
Symposium  
TYC  
Frenchtown  
Policy  
Workshops  
Mini  
Grower's  
Ya  
Redevelopment  
Engagement  
Childhood  
Conference  
Education  
Cultural  
Greater  
Festival Market  
Natural  
Parent  
Obesity  
Hunger  
Talk







Work Days  
Mon & Fri 2<sup>30</sup> - 5<sup>30</sup>











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**Heather Mitchell**

*President*

United Way Big Bend



United Way of the Big Bend

